

Spotlight on Student Success

Sahana Petras

Class of 2014 – Bay High School and West Shore Career-Tech

Currently attending: Culinary Institute of America

Comments from Sahana in her first semester at CIA:

My West Shore experience was extremely helpful! I have become very successful, have much more confidence and became a better chef over time. I entered competitions my junior and senior year. In my junior year of high school, I competed in Pro Start placing 2nd out of 27 teams and also participated in FCCLA placing second as well. Then in my senior year I competed in FCCLA Garde Manger placing 1st in the state.

The two chefs who led me through my two years at West Shore were unbelievable and life changing they made my decision to come to CIA that much easier because they showed me you can do anything you put your mind to. I came to college feeling prepared and ready to be challenged, but I do have my ups and downs like any college kid. The CIA isn't like other colleges as we either are majoring in Baking and Pastry or Culinary we have a very structured life style and we face new challenges everyday.



Sahana at the State FCCLA Competition