

# FAMILY & CONSUMER SCIENCES

## SEMESTER ELECTIVES

### Compass

8115                                      1 Semester – ½ Credit  
Open to Grades 9-10                1 Period Per Day

***Strongly recommended for all incoming freshmen.***

In this course, lessons and activities are designed to support the Vision of a Lakewood Graduate. Students will develop effective learning strategies and critical skills to provide a strong foundation for success throughout high school and for lifelong learning.

- Study skills and organizational habits
- Intro to Naviance: graduation and college planning tool
- Develop a 4-year graduation plan
- Guest speakers: colleges, careers, military, career shadowing, College Now, guidance counselors and more
- Scholarship opportunities
- Explore West Shore Career-Tech programs
- Intro to community service and H2O

### Leadership & Mentoring - New for 2021-22!

8420                                      1 Semester – ½ Credit  
Open to Grades 11-12                1 Period Per Day

In this course students will develop leadership skills through hands-on school and community involvement. An emphasis will be placed on service learning, leadership training and peer-to-peer mentoring. Students have the opportunity to emerge from this course with impactful leadership and motivational skills, both of which are critical, regardless of the path students choose to take after high school. This course is a great choice for any student looking to grow their confidence, leadership abilities and for those seeking a strong connection to their school and larger community.

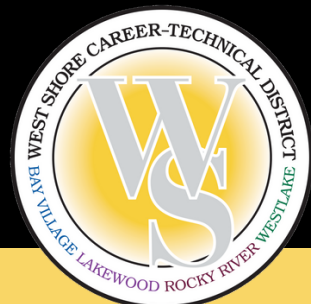
- Learn what it means to be an effective leader
- Gain and grow critical leadership skills
- Participate in a program to mentor underclassmen
- Engage in service learning opportunities at the high school and within the Lakewood community
- Network and build connections through partnerships with local businesses and leaders

### Architecture & Interior Design - New for 2021-22!

8230                                      1 Semester – ½ Credit  
Open to Grades 9-12                1 Period Per Day

Students will examine design principles used for residential exteriors and interiors. Students will complete hands-on activities, which could include constructing a piece of furniture, repurposing items or creating a mock home. Students can explore and learn more about:

- Housing styles and architecture
- Design principles in decorating and furnishing
- Space planning and floor plans
- Individual and global factors in selecting a living environment
- Careers in housing, interiors and furnishing industries







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## **Class of 2022 Cooks!**

8160                                      1 Semester – ½ Credit  
Open to Grade 12                      1 Period Per Day

Adulting can be hard! Let us help ease your mind when it comes to cooking, budgets and food. In this course, seniors will develop a personalized approach to responsible and healthy living skills for when they are on their own.

- Selecting and preparing recipes on a budget
- Basic cooking techniques
- Meal prep for young adults
- Etiquette
- Lifecycle nutrition and wellness
- Budgeting/consumer issues for young adults
- Careers in the hospitality industry

*Due to the serious nature of food allergies and restrictions, modifications to labs can't always be made.*

