



NEW Virtual School-Based Counseling and Mental Health Services are just a phone call or email away

- Individual therapy
- Family therapy
- Group support and prevention
- Therapeutic behavioral interventions



School-Based Counseling and Mental Health Services Re-Imagined

The COVID 19 pandemic has had a significant impact on youth, causing an increase in anxiety and depression. Bellefaire JCB is here to help by offering virtual School Based Counseling and Mental Health Services for students and families from experienced staff assigned to your school.

Signs that indicate a student may need services include: ***changes in sleep or eating patterns; difficulty sleeping or concentrating; physical complaints such as stomachaches, headaches or other vague physical symptoms; social withdrawal; academic decline; self-criticism; and fear or worry about health and the health of loved ones.***

For additional information or to refer a student, please contact:

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