

Elementary Snack Options

Nutrition Services Department is offering a choice for elementary school children between two menus for snack options: *Plan A* or *Plan B*. Both plans meet the USDA Smart Snacks Standards.

Plan A	Plan B
Fresh Fruit	Fresh Fruit
Low Fat String Cheese	Low Fat String Cheese
Low Fat Yogurt	Low Fat Yogurt
Milk	Milk
Orange Juice	Orange Juice
Unsweetened Applesauce Pouches	Unsweetened Applesauce Pouches
Whole Grain Kashi Bars	Whole Grain Kashi Bars
Whole Grain Pretzels	Whole Grain Pretzels
Low Fat Ice Cream	
Whole Grain Cereal	
Whole Grain Chips	
Whole Grain Cookies	
Whole Grain Fruit Bars	

If you would like your child to continue to choose from Plan A, then no action is needed.

However, if you would like to limit the snack options to Plan B for your elementary student, please complete the following information and return to your student's school office:

Yes, I want to limit my student's snack choices to the options in Plan B.

Student Name: _____

Student School: _____

Home Address: _____

Parent Name: _____

Telephone Number: _____

Parent Signature: _____

Date: _____

A restriction will be placed on your child's lunch account and will remain in effect until Nutrition Services receives written notification to remove it.

For questions, contact: nancy.early@lakewoodcityschools.org (216) 529-4156

The elementary snack options relate to TWO of the Lakewood City Schools' District Goals for 2018-2019:

- *Engage all stakeholders to determine the level of commitment to District Operations.**
- *Communicate effectively to and actively engage all stakeholders about programs and offerings.**

For internal use only: Elementary Secretary, please forward to Nutrition Services.

This institution is an equal opportunity provider