




October 2022



“Subject to change do to food availability”

Monday	Tuesday	Wednesday	Thursday	Friday
3 Breaded Chicken Patty/W.G. Bun Broccoli Cuts Mandarin Oranges Raisins (1 pkg.9-12) only Milk	4 Lasagna Roll Up/with Spaghetti Sauce Green Beans Peaches Garlic Bread Milk	5 Hamburger/W.G. Bun Vegetarian Beans Pineapple Tidbits Milk	6 W.G. Chicken Nuggets Cut Corn Fruit Cocktail W.G. Roll (1 roll 6-8), (2 rolls 9-12) Milk	7 Taco Carrots Pears Lettuce Shredded Cheddar W.G. Tortilla (1 Tortilla K-5, 6-8), (2 Tortillas 9-12)
10 W.G. Chicken Nuggets Broccoli Cuts Mandarin Oranges W.G. Roll (1 roll K-5, 6-8) Pretzel Sticks (2 sticks 9-12) only Milk	11 W.G. Pizza Sliced Carrots Diced Pears Milk	12 Cheeseburger/ W.G. Bun Vegetarian Beans Pineapple Tidbits Milk	13 W.G. Maple Pancake Wrap (1 pc. K-5,6-8) (2 pcs. 9-12) Potato Starz Orange Juice Milk	14 NEOEA DAY No School For All Students 
17 Boneless Grilled Chicken/W.G. Bun Broccoli Cuts Mandarin Oranges Raisins(1 pkg.6-8, 9-12)only Milk	18 W.G. Pizza Taco Green Beans Peaches Pretzel Stick (1 stick K-5, 6-8, 9-12) Raisins (1 pkg. 6-8), (2 pkg. 9-12) only Milk	19 Hamburger/W.G. Bun Vegetarian Beans Pineapple Tidbits Milk	20 W.G. Chicken Nuggets Cut Corn Fruit Cocktail W.G. Roll (1 roll K-5, 6-8), (2 rolls 9-12) Milk	21 Taco Carrots Pears Lettuce Shredded Cheddar W.G. Tortilla (1 Tortilla K-5, 6-8), (2 Tortillas 9-12) Milk
24 Potato Crunch Fish Patty/W.G. Bun Broccoli Cuts Mandarin Oranges Milk	25 Garden Salad with Sliced Chicken Raw Baby Carrots Diced Pears Soft Pretzel (1 pretzel K-5, 6-8), (2 pretzels 9-12) Raisins (1 pkg. 9-12) only Milk	26 Hamburger/W.G. Bun (K-5, 6-8) Double Hamburger/W.G. Bun (9-12) Vegetarian Beans Pineapple Tidbits Milk	27 Breaded Chicken Patty/W.G. Bun Cut Corn Fruit Cocktail Milk	28 W.G. Pizza Green Beans Sliced Peaches W.G. Roll (1 roll 9-12) only Milk
31 W.G. Chicken Nuggets Broccoli Cuts Mandarin Oranges W.G. Roll (1 roll 6-8, 9-12) only Milk				

Elementary Lunch: \$2.50, Middle and High School: \$3.00. Reduced Lunch: .40¢, Milk .50¢, Prepaid is available

STAFF LUNCH: ELEMENTARY - \$3.50 w/o beverage, Middle & High School - \$4.50 w/o beverage
FOOD SERVICE SUBSTITUTES NEEDED: Earn extra money. Call Nutrition Services at 529-4156.

This institution is an equal opportunity provider.