



# October 2022



“Subject to change do to food availability”

Monday	Tuesday	Wednesday	Thursday	Friday
3 Pillsbury Maple Waffles Pineapple Tidbits Milk	4 Frosted Flake Multi Grain Cereal Orange Juice Milk	5 Nutri Grain Blueberry Bar Peach Slices Milk	6 Cinnamon Flakes Multi Grain Cereal Orange Juice Milk	7 Nutri Grain Apple Cinnamon Bar Applesauce Milk
10 Frosted Mini Wheat Cereal Pineapple Tidbits Milk	11 Eggo Maple Mini Pancakes Orange Juice Milk	12 Cinnamon Flake Multi Grain Cereal Peach Slices Milk	13 Pillsbury French Toast Orange Juice Milk	14 <b>NEOEA DAY</b>  <b>No School For All Students</b>
17 Nutri Grain Strawberry Bar Pineapple Tidbits Milk	18 Cinnamon Flakes Multi Grain Cereal Orange Juice Milk	19 Eggo Cinnamon Waffles Peach Slices Milk	20 Frosted Flakes Multi Grain Cereal Orange Juice Milk	21 Nutri Grain Blueberry Bar Applesauce Milk
24 Apple Jacks Cereal Pineapple Tidbits Milk	25 Pillsbury French Toast Orange Juice Milk	26 Rice Krispies Apple Cinnamon Bar Peach Slices Milk	27 Eggo Blueberry Pancakes Orange Juice Milk	28 Frosted Mini Wheats Cereal Applesauce Milk
31 Pillsbury Maple Waffles Pineapple Tidbits Milk				

Breakfast Menu, Students: \$1.75, Reduced: \$0.30, Adults \$2.50 w/o Beverage

This institution is an equal opportunity provider.