







# October 2010



Elementary Lunch: \$2.00, Middle and High School: \$2.50. Reduced Lunch: .40¢, Milk .50¢, Pizza \$2.50. Prepaid is available

\* Contains Pork

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Ravioli Dinner Roll Italian Vegetables Fruit Cocktail Milk
4 Hot Dog/Bun Baked Beans Carrots and Peas Mandarin Oranges Milk	5 Grilled Chicken Patty/Bun Corn Kernels Fresh Apple Milk	6 Cheese Pizza Broccoli Cuts Sliced Peaches Milk	7 Chicken Nuggets Dinner Roll Mixed Vegetables Orange Juice Milk	8 Ravioli Dinner Roll Green Beans Diced Pears Fig Newton Cookies Milk
11 Chicken Nuggets Dinner Roll Mixed Vegetables Orange Juice Milk	12 Hamburger/Bun Peas and Carrots Diced Peaches Fruit Shape-Up Milk	13 Toasted Cheese Sandwich Mixed Vegetables Orange Juice Fig Newton Cookies Milk	14 Cheese Pizza Sliced Carrots Fresh Apple Grape Shape-Up Milk	15 NEOEA Day  No School  
18 Ravioli Dinner Roll Italian Vegetables Fruit Cocktail Milk	19 Egg/Cheese Muffinwich Orange Juice Fresh Apple Fig Newton Cookies Milk	20 Grilled Chicken Patty/Bun Peas and Carrots Mandarin Oranges Raspberry Sherbet Milk	21 Hamburger/Bun Oven French Fries Sliced Peaches Ice Cream Cup Milk	22 Rotini & Meatballs Dinner Roll Sliced Carrots Diced Pears Milk
25 Grilled Chicken Patty/ Bun Peas and Carrots Orange Juice Fig Newton Cookies Milk	26 Sloppy Joe Sandwich Corn Kernels Fruit Cocktail Orange Shape-Up Milk	27 Cheese Pizza Broccoli Cuts Sliced Peaches Raspberry Sherbet Milk	28 Corn Dog* Mixed Vegetables Fresh Apple Milk	29 Fish Sticks Dinner Roll Broccoli Cuts Fruit Cocktail Milk

FOOD SERVICE SUBSTITUTES NEEDED: Earn extra money. Call Nutrition Services at 529-4156.

STAFF LUNCH: ELEMENTARY - \$2.50 w/o beverage, Middle & High School - \$3.75 w/o beverage.

**“This institution is an equal opportunity provider”**