








January 2010



Elementary Lunch: 2.00, Middle and High School: \$2.50. Reduced Lunch: .40¢, Milk .50¢, Pizza \$2.50 Prepaid is available

* Contains Pork

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Winter Break No School 
4 Staff Development Day for Teachers No School for Students	5 Grilled Chicken Patty/ Bun Corn Kernels Fresh Apple Milk Middle/LHS-Soft Pretzel	6 Cheese Pizza Broccoli Cuts Sliced Peaches Milk Middle/LHS-Soft Pretzel	7 Chicken Nuggets Dinner Roll Mixed Vegetables Orange Juice Milk	8 Macaroni and Cheese Dinner Roll Green Beans Diced Pears Fig Newton Cookies Milk
11 Chicken Nuggets Dinner Roll Mixed Vegetables Orange Juice Milk	12 Hamburger/Bun Peas and Carrots Diced Peaches Fruit Shape Up Milk Middle/LHS-Soft Pretzel	13 Toasted Cheese Sandwich Mixed Vegetables Orange Juice Fig Newton Cookies Milk 	14 Cheese Pizza Sliced Carrots Fresh Apple Grape Shape Up Milk Middle/LHS-Soft Pretzel	15 Super Taco Broccoli Cuts Orange Juice Vanilla Ice Cream Fig Newton Cookies Milk
18 Martin Luther King Day  No School	19 Egg/Cheese Muffinwich Orange Juice Fresh Apple Fig Newton Cookies Milk	20 Turkey Deli Sandwich Peas and Carrots Mandarin Oranges Raspberry Sherbet Milk Middle/LHS-Soft Pretzel	21 Hamburger/ Bun Oven French Fries Sliced Peaches Ice Cream Cup Milk	22 Professional Day For Teachers No School
25 Grilled Chicken Sandwich Peas and Carrots Orange Juice Fig Newton Cookies Milk	26 Sloppy Joe Sandwich Corn Kernels Fruit Cocktail Orange Shape-Up Milk Middle/LHS-Soft Pretzel	27 Cheese Pizza Broccoli Cuts Sliced Peaches Raspberry Sherbet Milk	28 Corn Dog* Mixed Vegetables Fresh Apple Milk Middle/LHS-Soft Pretzel	29 Fish Sticks Dinner Roll Broccoli Cuts Fruit Cocktail Milk

STAFF LUNCH: ELEMENTARY - \$2. 50 w/o beverage, Middle & High School - \$3.75 w/o beverage.

FOOD SERVICE SUBSTITUTES NEEDED: Earn extra money. Call Nutrition Services at 529-4156.

